

# SIGNAL MOUNTAIN LACROSSE CLUB

## ATHLETE CODE OF CONDUCT

DATE \_\_\_\_\_

As an honorable student- athlete, I \_\_\_\_\_ , will, to the  
(print name)

best of my ability, seek and act to support and promote the highest ideals of amateur athletics with exemplary and disciplined behavior both on and off the field of play. Whether I am in the classroom, on the practice field, on the game field, or in the community, I will put the ideals of team loyalty, team interest, and team integrity above personal self interest. I pledge to work, train, practice, and compete with dignity using the mechanisms laid out by the coaches to achieve success in my sport of LACROSSE. I will never take the field in practice or in competition intending to maliciously harm a teammate or opponent, but rather approach all situations with sportsmanship and humility. I will follow the instructions and guidelines given to me by my coaches and referees to improve myself and my skills whenever possible. As a varsity level student athlete I am aware that I am more conspicuous in the community and acknowledge that my behavior in any public situation is subject to more scrutiny than a non-athlete, therefore I am clearly responsible at all times to display honorable conduct in all that I do. As an ambassador for Lacrosse, my behavior in public is a reflection of my team and a reflection on my teammates as well as the sport of Lacrosse. If disciplined for inappropriate conduct, I will seek to correct my inappropriate behavior and make amends for the consequences of my actions. I am aware that if I fail to act in a positive and constructive manner towards team rules and guidelines that I may be suspended or removed from the team for a specified or permanent period of time. I agree to abide by, uphold with my teammates, and support all team rules. If I disagree with a situation before me, I will use the appropriate outlets and protest according to team guidelines in a non-confrontational manner without resorting to rumor or gossip in undermining others views or to promote my own views. My participation in the sport of LACROSSE is an opportunity to learn the skills and traditions of this sport and not a privileged right of participation. I look forward to improving myself and my team to pursue victories when possible and strive for the highest caliber of play at all times.

ATHLETE SIGNATURE: \_\_\_\_\_

WITNESSED (SIGNATURE): \_\_\_\_\_

WITNESS NAME ( PRINT): \_\_\_\_\_